

Rtn. Stephanie A. Urchick
RI President

Rtn. CA Dev Anand
District Governor

Rtn. Jagannath Kote
Assistant Governor

Rtn. Nagaraj Shetty
Zonal Lieutenant

Rtn. Subhash Bangera
Club President

Rtn. Farida Uppin
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Vanishree Rao
Rtn. Shashikala Rajavarma
Concord Editors

Avenue Directors

Rtn. Dr Jayagowri H
Club Service
Rtn. Prashanth Hegde
Vocational Service
Rtn. Rajavarma Ariga
Community Service
Rtn. Amit Aravind
International Service
Rtn. Dr Pradeep S
Youth Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Club Service

21.01.2025: Weekly Meeting

Theme: Classification Talk

Speaker: Rtn. Dr. Padma, Rtn. Nahusha Shety & Mr. A Nagaraja Shanbhogue

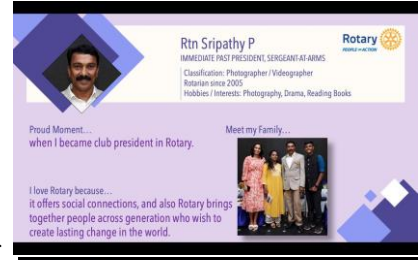
Venue: Rotary Bhavan, Manipal

Meeting Co-ordinator: Rtn. Dr Divyashree M S

No. of participants: 25

Meeting called to order by President Rtn. Subhash Bangera. John. Sudhama, S/o Rtn. Dr Divyashree presented the Thought for the day. Nagesh Kumar Rao presented the Rotary Information. Profile of Rtn. Sripathi P & Rtn. Suman Prabhu was read in "I'm a Proud Rotarian" series.

Classification talks were presented by Rtn. Dr Padma Rao and Rtn. Nauhsha Shetty. Dr. Padma Rao in her Classification talk mentioned about her early education in Kerala & obtaining B.Pharma & M.Pharma degree from Manipal University. Her first job was in Trivandrum Medical College. She then joined as Lecturer in MCOPS, Manipal & later obtained her P.hd. She was the Chairperson & Associate Dean at RAK Hospital, UAE.



Rotary Information
Rtn. Dr Nagesh Kumar Rao

Code of Ethics for Rotary is mainly based on following:

- **What are the 5 rules of Rotary?**
Our core values: Service, Fellowship, Diversity, Integrity & Leadership.
- **What are the 4 truths of Rotary?**
The 4-Way Test:
 - ❖ Is it the Truth?
 - ❖ Is it Fair to All Concerned?
 - ❖ Will it Build Goodwill & Better Friendship?
 - ❖ Will it be Beneficial to All Concerned?
- **What are the Four Pillars of a Successful Club?**
Membership, Programs, Projects & Fund Raising.



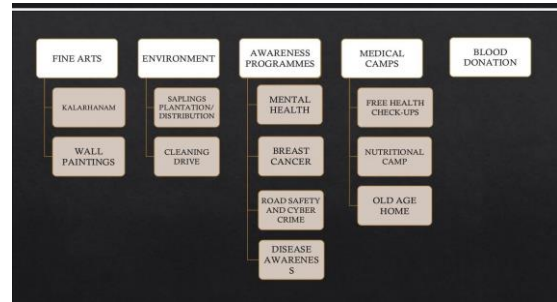
Thought for the Day
John Sudhama

"Every day Counts; Everybody too!" Each day offers an opportunity for growth, learning & progress. Making the most of every day can create lasting change over time. People can do to make each day count for others.

Club Service... (Cont'd)

She served for 44 years in different positions like Faculty, Dean, Chairperson & she was also in the Accreditation Committee of Different institutions. Rtn. Nausha Shetty spoke about his early education in Little Rock School, Brahmavara, & then in Kota High School. He pursued B.E in KVG College, Sullia. He did Environment Engineering at MAHE, Manipal. He highlighted about his research activities & thesis on river at Kollur. He also mentioned about 35th Scientific expedition to Antarctica. He joined MAHE in 2016 as Assistant Professor. His main work is focused on water treatment plants & Ph.d in microplastics. Both of them displayed commitment and knowledge & RCM is proud to have such learned members.

Rtr. Athulya Acharya, President of The Rotaract Club of Manipal Central gave a brief account of Kalakrithi - the District Cultural Event 2025 & thanked RCM for their support. Rtr. Rithika Joy presented a report of the Rotaract Club of Muniyal Group of Institutions. They conducted a wide range of meaningful projects, which was matter of pride & was worth a great applause. Certificate of Appreciation was honoured to the Members of Rotaract Club of Muniyal.



The guest speaker Mr. A Nagaraja Shanbhogue spoke about his venture, which he recently started – a Robotic Centre for children aged 9 to 12. Students can learn coding & making moving models. The institute focuses on 4 Cs – Creativity, Critical thinking, Communication & Collaboration. The institute imparts practical knowledge to the students by conducting experiments. The meeting was concluded with announcements, Vote of Thanks, Group Photo & National Anthem.



Date: 24th, 25th & 26th of Jan 2025

Venue: Amrith Garden, Udupi

The District Conference was a grand ceremony which went on for 3 consecutive days. There were more than 1,500 registrations all over, and more than 45 registrations from RCM.

Day 1 started with registration and welcome with traditional Tiger Dance. The Cultural Program was inaugurated by Sri. Daya Shetty, famous Bollywood Actor. There was folk dance, music and lots of cultural programs.

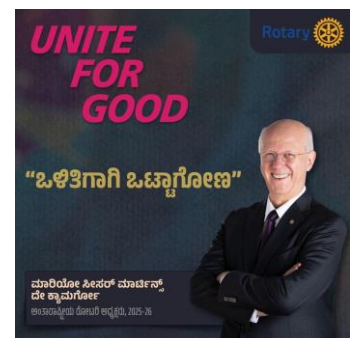
Day 2 started with a grand procession. IPDG Rtn. Manjoo Phadke, RI President's representative was one of the dignitaries. Achievers like Padmashree Dr. Malathi Holla who is an International Para Athlete were the key note speakers.

Day 3: 26th Jan started with Flag Hoisting on occasion of Republic Day Celebration. A Preliminary Meet of Team 2526 was called by DGE Rtn. K Palaksha. All the District Secretariats, AGs, ZLs, Presidents & Secretaries of District 3182 were called for the meeting. The targets, projects, events & goals were discussed and it was a motivating session. Rtn. Renu Jayaram, Woman Membership Chairman, from RCM spoke on growth of Women Members in Rotary. Hassan Tiger, Ripponpet, Hassan Hoysala & Shimoga Central were recognised as the Top 4 Clubs in RID 3182 for highest percentage wise growth of Women Membership. Rtn. Dr Gowri, Rtn. Dr. Girija & Rtn. Roshan Denzil Sumitra were recognised as major donors for TRF in the District Affairs.

Plenary sessions, fellowship, dinner, Excellence Awards to achievers in various fields, great speakers, stalls on all 3 days made the event an exemplary one.



Congratulations to Rtn. Vasanth Hobalidar (RC Shimoga – East, Zone 11, RID 3182) on being elected as the District Governor for the year 2027-28 (DGND) !!





26.01.2025: 76th Republic Day was celebrated in Rotary Bhavan, Ananth Nagar, Manipal. Club Service Director PDG Rtn. Dr Gowri hoisted the National Flag. 15 Rotarians gathered for the ceremony.



23.01.2024: ZL Rtn. Nagaraj Shetty visited the Rotary Physiotherapy Unit, Kundapura, which was RCM Global Grant Project 2023-24. 20 beneficiaries are availing the services at present and is continuing in good condition.

Rotarians in Action



26.01.2025: Annette Archana led the contingent of Republic Day March Past by Aasare students at KMC Greens, Manipal.



THE ART OF LIVING
INTERNATIONAL CENTRE
BENGALURU

BHAAV
THE EXPRESSION SUMMIT
23 - 26 JAN, 2025

Sri Sri Ravi Shankar Gururji
will be honouring
Guru Sanjeeva Suvarna
with Kala Sarathi award
(Pioneer of Art)



Congratulations Lord Sanjeeva Suvarna, H/o Rtn. Veda Suvarna.

Celebrations



Birthdays:

- ❖ 22nd Jan - Annette Prerna H Hegde, D/o Rtn. Rohit Kumar Shetty
- ❖ 26th Jan – Rtn. Dr Monica Solomon
- ❖ 26th Jan - Rtn Chethan Shriyan
- ❖ 26th Jan - John Susheel Hadigal, S/o Rtn. Dr Jayagowri H
- ❖ 27th Jan - John Kausthub Pradeep, S/o Rtn. Dr Pradeep S
- ❖ 27th Jan - John Sanjay Hadigal, S/o Rtn. Dr Jayagowri H

